

## **Dr Ryan De Cruz MBBS (Hons), BMEDSCI, FACD**

### **Specialist Dermatologist & Founder, Southern Dermatology, *MELBOURNE***

Dr Ryan De Cruz is a Specialist Dermatologist at The Royal Melbourne Hospital (RMH), The Skin Health Institute Carlton, Wyndham House Clinic Shepparton, and at his private clinic, Southern Dermatology, Murrumbeena.

Dr De Cruz obtained his Bachelor of Medicine and Bachelor of Surgery degree with Honours from The University of Melbourne (UoM) in 2009. During his schooling he was awarded the Australasian College of Dermatologists' (ACD) Hermann Lawrence Prize in Dermatology.

He also completed a Bachelor of Medical Science in hair disorders at The University of Melbourne in 2006. His research findings were presented at the International Congress of Hair in 2010, and were published in the leading medical journal, The British Journal of Dermatology, in 2012.

Dr De Cruz undertook his internship and residency at St Vincent's Hospital, Melbourne (SVHM), after which he was selected to perform his advanced training at St. George's Hospital, NHS Foundation Trust, London, UK in 2013.

In 2015, Dr De Cruz clinched two prestigious awards – The Skin & Cancer Foundation's Paul Edington Scholarship, and The Australasian College of Dermatologists' FC Florence Bequest Fellowship. In 2016, he was granted The Victorian Fellowship – an award offered by the Victorian Government to support his studies and research into immunosuppression of the skin at King's College, London (KCL), and Guy's and St Thomas', NHS, Foundation Trust, London.

Dr De Cruz's interests include psoriasis, skin cancer management, acne, eczema, rosacea, laser treatment and hair loss disorders. At RMH, Dr De Cruz runs a Psoriasis and Hidradenitis Suppurativa-specific clinic, in which he manages hundreds of patients on oral immune-therapies and biologic medications for these two conditions. He has witnessed first-hand how these agents have changed the lives of patients suffering from cosmetically and physically disabling skin disease. He is passionate about providing wholistic gold-standard care to patients with chronic inflammatory diseases such as psoriasis and welcomes the introduction of a new therapeutic option to the Australian population.



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**To coordinate an interview with Dr Ryan De Cruz, please contact Kirsten Bruce or Samuel Jacobs from VIVA! Communications on 02 9968 3741 or 0401 717 566 / 0422 654 404.**